

The Alliance With Gaia

Passage Thirteen



Come if you will, we need fortitude in these times as we journey further along our way. The Earth is seemingly in yet more chaos, control, wars and confusion, the emotional wave.

So, what is the point of a course about animals and nature? Every point as we align to the purity and softness of the eternal Dao. The emotional wave is a cul-de-sac it herds people into feelings of doom, fear and drama, drains their energy it does nothing to help them.

There is both beauty and ugliness in this world, the ugliness comes from dark sentiments and actions, fat controllers, yet the beauty of nature and the animals are unsurpassed and we are connected to nature.

Sadly, many are disconnected from nature and themselves which is why they can exhibit disdain and cruelty.

It's not healthy to dwell on negativity, we can take a bird's eye view of planet Earth and the foot print of human activity without getting bogged down.. Ignorance can make one fearful, Stuart Wilde spoke of the "arrogance of ignorance" it's a matter of degree and balance re the awareness and observation of matters.



To observe and to witness can be a neutral state, not locking horns and we need to discern. It's not the same as being angry for example or dysfunctional. Calmness, warmth and clarity is the path.

So, let us have a look at ecological impact, the effect of an earth quake and resultant tsunami in Japan. Try to be calm and detached about the information viewed. You may prefer to watch the video over a couple of sessions. Or just watch the video up to the point when the hapless field mouse is captured for research.

The video interestingly seems to blame the animals for moving in and increasing in numbers - encroachment. Yet we humans are responsible for wrecking habitats and encroaching. I have chosen the link in part because it shows wild life emerging from where humans once lived. We know that radiation causes harm to all life and matter.

https://www.youtube.com/watch?v=27OKeg_1YEg

Q1) What effect did the evacuation of humans have on the wild life that you saw.

Q2) From about 46mins into the film are some interesting assertions about the animals and humanity. The end of the video mentions “this absurd paradox” do you agree? If not why not?

The mighty Pacific Ocean is 165.25 million kilometres, it is larger than all of the Earth's land area combined it was and is affected by the radiation out fall. Everything is connected.

Observe and don't react, focus on your wellbeing as best you can. It is ultimately OK we are not here to fix anything, nor can we. Gaia can. It's not negativity to learn about our wider environment, developing knowledge and awareness- an overview.

We don't need to know everything nor can we, get bogged down in fear and blame for that adds to the pollution. We need to work on ourselves, self-acceptance, compassion, detachment the Three Graces, tenderness, generosity and respect.

We know also that miracles happen every day in many ways we cannot see this if we persist in judging mayhem let your intuition and common-sense guide you in your retreat...

Connections to nature refresh and help us in so many ways feel lightness and expansion. There is a poetry in nature.



<http://www.pegasus-animal-healing.com/brave-daffodils/>

Here is an extended version of “Tapestry of Daffodils”
the video clip on the blog post:

<http://www.pegasus-animal-healing.com/awg-year-2-library/>



Q3) What did you notice in the video clips?
What feelings did you have/align to?

Q4) Did you enjoy the clips?

Meditation Exercise

In quiet un-interrupted time using Mystical Drums, theta, or delta meditations, visualize the beautiful woodland scene in depth, river, flowers, trees, birds singing then see what unfolds.

Try the meditation x3 times on 3 separate occasions.