



The Alliance With Gaia Passage Seventeen

Pegasus Healing

Onwards.. we are moving in to shadow lands its part of our journey. The terrain is vast, perception of the multidimensional speeds things along though there are many traps and pitfalls along the way.

How is it possible that after years of metaphysical study, plant healing experiences, shadow work and training that a person with self-confessed issues of deep infringement upon others when they started on “the path” falls off it-retains that cold selfishness requisite to predation on others such as deceit and theft?

How can that be? When others in tic toc who had not done any work on themselves are safer to be around. One could say these dark traits are instincts linked to all humans but which are suppressed, not acted upon by most. All evil is linked, so self-entitlement will also be triggered by jealousy, resentment, judgement ,anger which can then manifest as deceit, theft, cruelty many things.

Stuart wrote about thieves and rip-offs so we can't beat ourselves up for having been kind and non-judgemental and having experienced such things from a persons or persons that appeared to be aligning to the light.

People are people wherever they are, so all the traits will be present in all the communities, so a metaphysical spiritual group will be the same having the good, the bad and the ugly. Groups comprise individuals and by working on ourselves the overall grid must surely clear up further and then there is grace celestial grace speeding up people's evolution. People can swivel back into

their former cold and predatory ways and that is their evolution, their choice. We will keep going as humbly and as best we can clearing our negativity and aligning to the 3 Graces.

"I knew a cat burglar that would rob houses. He was very funny. One day he came in the pub on crutches raving about the Chinese and their shoddy workmanship. He'd put his foot on a gutter that broke and he fell off the roof. How he knew in the dark that the drain was made in China I don't know.

My advice is stay straight, you never know if the gutter under your foot is Chinese or not, or it may just be very old and corroded like the cat burglar's soul. Love love. Stuie"

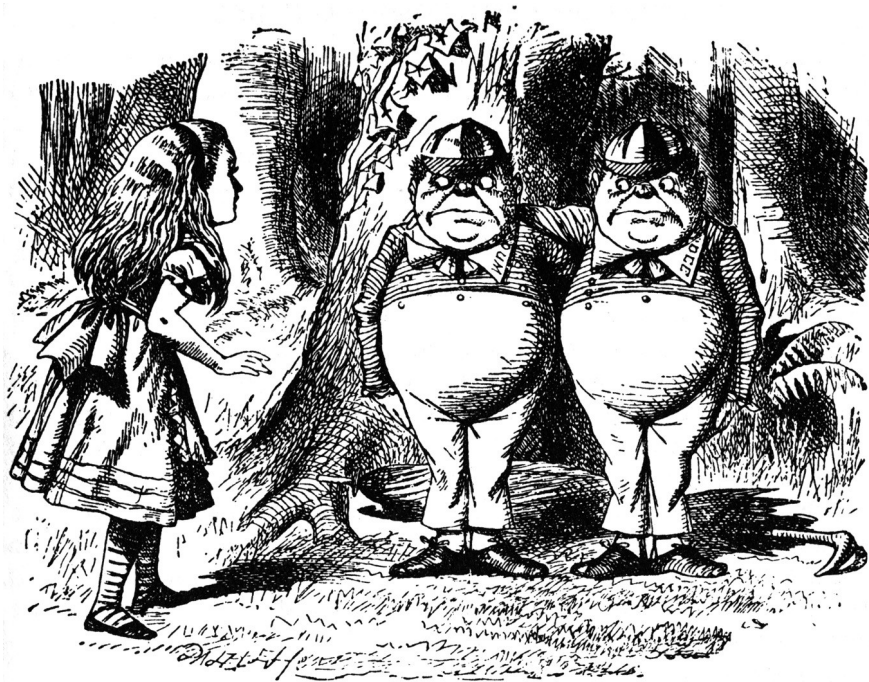
(Stuart wilde)

Coldness is linked to those hell worlds, those of the ice cold predator. Coldness is calculating and cares only for itself, it is extreme selfishness

“A good heart” and “A warm heart” are ancient and timeless expressions of goodness. Warmth is linked to the celestial worlds. Warmth is kindness, empathy and service and in spite of challenges.



The comical characters the twins in the book Alice In Wonderland shown here:



Tweedledum and Tweedledee look so funny, yet also strange.
Let us read the poem about them.

*Tweedledum and Tweedledee
Agreed to have a battle;
For Tweedledum said Tweedledee
Had spoiled his nice new rattle.*

*Just then flew down a monstrous crow,
As black as a tar-barrel;
Which frightened both the heroes so,
They quite forgot their quarrel.*

The twins seem to me like aspects of the self.

What do you feel?

The shadow is about fragmentation.

We move towards wholeness and integration.

Stuart Wilde referred to a persons shadow, which everyone has as the “wicked twin”. Don’t forget about the shadow try to work with it don’t make it too important either.



Understand it, heal it is as best we can and it will help you to become more whole. All shadow traits are linked. Try to avoid the hatreds and dysfunctions around, keep to the path of the sixth sense and common-sense!

Sometimes we avoid pitfalls via our senses and common-sense, all of it is learning and we travel through the darkness, not lingering where we can move on, not wallowing not giving up, ever.

Our time in 3D is not forever, even though we are immortal universal and infinite. So at the end of our incarnation, it would be good to know at last we were authentic ... not fake and had we served in whatever way we could.

So let's look at service in the animal sanctuaries and here is Theresa's Project.

Project title: Animal Power

Earlier this year, I started doing some voluntary work at weekends at an animal sanctuary. The sanctuary was specifically set-up in the early 1990s to care for neglected, abused and rescued farm animals.

The sanctuary runs entirely on voluntary contributions. I've found it a humbling learning experience volunteering there and seeing the effort and dedication of the founder and other dedicated people there (volunteers and a few paid workers) who work so tirelessly. It's interesting with farm animals because they are not considered in the same way as animals such as pets like cats, dogs, fish, birds, rabbits and guinea pigs. Because farm animals have been used for centuries as tools to work the land or as food, then it really feels like we're continually programmed to see them as that. The sanctuary has over 500 animals including pigs, horses, sheep, two Shetland ponies, a donkey, cows, a turkey, chickens, feral cats (lost count of how many there are), 5 rescue dogs, ducks and 3 geese.

Here are some observations I've made in being around the animals as I've cleared out sheds and pens and fed the animals.

Geese

Need to be careful around the geese and not make sudden movements as it can distress them. The 3 ganders can be viscous and they can strike quickly when they move in to attack! Their beaks have a serrated edge on both sides. They flap their wings rapidly and peck anything they can. I've collected some palm-sized bruises on a several occasions. They stick together when they attack and if one attacks, the others can quickly follow. Run!

Sheep

The first time I visited the sanctuary, I walked past what I thought was an empty barn. Taking a second look, I saw the barn had about 60 sheep resting there. They were very quiet. Peaceful. The barn was a safe place – no mess, no feeling of terror. They have fresh straw to lie on, clean water and food. Very different from commercial farms which are chaotic and an unpleasant environment for them. Being close-up to sheep, they have such a feeling of strength about them.

Turkey

There's one turkey at the sanctuary. She (Matilda) has the most beautiful white feathers. Interesting listening to the range of chirps she makes at times. I was cleaning out her coop one day and she decided to come into the coop and lie down making it quite a challenge to clear out her coop.! Matilda started to make a rapid chirping sound. It was rhythmical, melodic chirping sound much like a songbird. Never heard a turkey make such a beautiful sound. It had what felt like a healing vibrancy to it.

Feral / rescue cats

There's a lot of cats there. They seem to live a very charmed life with a nice, big barn and warm beds sleep in. Several the cats are jet black and hard to tell who's who.



Hens – from cages to roaming freely

There used to be a lot of hens at the sanctuary. Most are ex-caged hens. But the local fox has paid a couple of visits recently and got into their enclosure. It slaughtered 36 in one evening. Hens are great. Very inquisitive. Follow you everywhere, especially if you are carrying a bucket of some kind. And hens will literally eat anything. They get a rich diet of good quality corn plus fruit and vegetables.

Humans are wasteful. Animals are not

There's a local supermarket that donates left over food including bread, cakes, salad items, fruit, vegetables to the sanctuary. It was interesting to see some of the waste we humans produce. The supermarket seemed have far more stock than they could sell. Even though the sanctuary is grateful



The picture above is of the singer Odetta she sings a song in the link below it is hauntingly beautiful I find.

“A Motherless Child”- there are 2 versions given here by 2 amazing singers Odetta and Van Morrison let me know what you “feel” when you listen to each one. - re information, resonance, meaning, overall feeling.

Odetta:

<https://www.youtube.com/watch?v=ZXg9UFUXFXU>



The picture above is of Van Morrison, here is his version

https://www.youtube.com/watch?v=oA_55K75kOY

The turkey below is a rescue turkey.



Compassion for the animals - “Thanks Living”
<https://www.youtube.com/watch?v=AEP5kZflKxQ>



At the farm that most of us have visited on Pegasus Healing Workshops, a curious, free and well cared for rescue animal comes out of his pen to greet Note his stance!

Questions

1. What message does Theresa’s project give to you?
2. Why do you feel the song “Motherless Child” was used in this Passage?-
3. What information does the sheep in the photo give you?
4. What did the video clip “Thanks Living” mean to you? How does it link with Passage One?

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