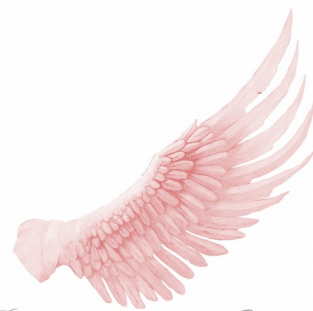


The Alliance With Gaia

Passage Five



Pegasus Healing

Now is the time, now is the time to rest.
Take three slow.. deep breaths.



We have been travelling at quite a pace through 4 Passages. The pace will continue there is no time to waste though rest we will.

We stay here for awhile to refresh, align and gather strength.

Remember to learn from nature and the ancient wisdoms be as “still as a forest as placid as a lake”. The days as we have known them are ending-”Grace Gaia And The End Of Days” which Stuart Wilde wrote about.

We bow our heads, let go of rancour and detach from the emotional and mental tsunamis of the global shadow.

Some of us have felt the chaos of our own shadow traits causing us mini tsunamis.

By now you should be in calmer waters keep at it.. don't make weaknesses important don't deny them either just keep “skimming the lake”.

The “retreat” is silent and internal and silence does not mean we don't communicate.. a person that does not speak is not necessarily silent if they harbour hate, self-importance and resentments for example.

None of us are perfect and we work towards getting clear of our shadow traits and delusions to reach more clarity , detachment, compassion and understanding.

The prophecies of Stuart Wilde are unfolding rapidly now, he left much to guide us. He wrote about

“The Safety of Tenderness”

..“Tenderness offers you redemption and through it you offer redemption to others. In watching carefully when you act harshly or when you go cold you soon see the difference between tenderness and a lack of it. Essentially, tenderness is how we express a love for humanity and nature, and it is how we show a respect for the glory of the feminine spirit. Tenderness helps you help others.”



Rest here by the lake and forest if you care to.
Align to the beauty and peace of nature.

Onwards.....

There is both hell and heaven on earth.

Humans create hell worlds for the animals in various guises factory farms “sport,” “research” etc.

Humans can also be of service to the animals allowing them to thrive and being respectful of their celestial beauty.

Our path is not to engage in conflict. Our task is to wake up and discern what is and what is not and to develop our own stance. Not through ego, mind, emotion and programming.

Its a spiritual path, non infringement and harmlessness.

British Naturalist and Broadcaster, David Attenborough who celebrated his 90th birthday in 2016 devotes his life to nature and the animals, and has not retired.

Later in this Passage you will find a short video clip link with him.

The Impact Of Humans On The Natural World

Human over population, pollution and meddling

affect the natural world.
Some species are not considered important, like the
humble amphibians.

In the video clip below:

“An Ark For Amphibians” David Attenborough
explains why we need frogs.

<https://www.youtube.com/watch?v=f6vhDVwPRTk>

Q1. Why are frogs so important in the food chain?

Q2 Why are amphibians so susceptible to pollution?

The natural world is vast and beautiful.
The Alliance With Gaia is to care for the earth.

Wildlife Display

<https://www.youtube.com/watch?v=KW8GX2n4qbY>

Meditation

Using Pegasus Healing audio track Mystical Drums,
theta or delta metronomes go deep and feel

yourself by a beautiful lake and forest.
Remain still and expand your feelings wide and without
thinking see what unfolds.

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